

Education is the most powerful weapon which you can use to change the world.

Nelson Mandela.

2024



### **Our Mission**

At USP, we believe that education extends beyond textbooks to hands-on creation and application of literature. We provide a safe and welcoming environment for our community, encouraging innovation and creativity. We are dedicated to promoting literacy, critical thinking, and problem-solving skills through creative and intellectual engagement and communication.



### **Our Vision**

United School of Panama will be revered as a prestigious school with distinguished preparatory curricula that will challenge young minds in a multilinguistic and diverse multicultural environment.

We pledge to all **USP** students a commitment towards personal development through discipline, merit, respect, individual growth and teamwork.







# **Educational Proposal**







SLEEP + NUTRITION + FITNESS



**PERSONALIZED EDUCATION** 



United School of Panama



TRILINGUAL CURRICULUM ENGLISH + SPANISH + MANDARIN



INTERNATIONAL CALENDAR FROM AUGUST TO JUNE

USP'S INTEGRAL PROGRAM

### Fundamentals

At United School of Panama, we believe in providing an academically challenging curriculum that focuses on the individual strengths of our students while also addressing areas of improvement. We also prioritize healthy decision making based on principles of Neuroscience, which is the science of brain development and function.

To this end, we have developed our educational approach around three pillars: **Sleep, Nutrition, and Physical Fitness**, which are essential components of our program.

Sleep



Nutrition



**Physical Fitness** 





# Active Body = Active Mind

. 2021

1 Trilingual curriculum



**Sports and** extracurricular 2 extracurri activities

**Physical Education** 5 days a week





A classroom 04 for each subject



### A BALANCED PERSON

# Our Golden Principles

At **USP** we believe in fostering a well-rounded and balanced individual who embodies the traits that align with our golden principles, rooted in the shared aspects of humanity. These principles guide us in developing the best versions of ourselves personally and professionally.



A RESPECTFUL RELATIONSHIP BUILDER



A RATIONAL PROBLEM SOLVER







## Nutrition

We provide all food and drinks for our students, ensuring that they are healthy and nutritious.

We also educate them about the importance of proper nutrition for brain development and overall growth.

All of our students receive a meal plan that includes a morning snack and lunch, and those in our ECA program also receive an afternoon snack.



# A Typical Day in USP for Pre-Kinder and Kindergarten

PERIOD	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
<b>AM DOSE</b> 7:50 am - 8:15 am				
<b>PERIOD 1</b> 8:20 am - 9:00 am	Advisory	Advisory	Advisory	Advisory
<b>SNACK</b> 9:05 am - 9:15 am				
<b>PERIOD 2</b> 9:15 am - 9:55 am	Playground	Playground	Playground	Playground
<b>PERIOD 3</b> 10:00 am - 10:40 am	Science	Literacy	Science	Literacy
<b>PERIOD 4</b> 10:45 am - 11:25 am	Physical Education	Physical Education	Physical Education	Physical Education
LUNCH RECESS 11:30 am - 12:10 pm				
<b>PERIOD 5</b> 12:15 pm - 12:55 pm	Mandarin	Literacy	Literacy	Music
<b>PERIOD 6</b> 01:00 pm - 01:40 pm	Visual Arts	Math	Math	Math
<b>PERIOD 7</b> 01:45 pm - 02:25 pm	Math	Science	Math	Literacy
<b>PERIOD 8</b> 02:30 pm - 03:10 pm	Literacy	Music	Literacy	Mandarin

PERIOD	FRIDAY	
<b>AM DOSE</b> 7:50 am - 8:15 am		
<b>PERIOD 1</b> 8:20 am - 8:55 am	Advisory	
PERIOD 2 SNACK INCLUDED 9:00 am - 9:35 am	Playground	
<b>PERIOD 3</b> 9:40 am - 10:15 am	Computer Science	
<b>PERIOD 4</b> 10:20 am - 10:55 am	Physical Education	
<b>PERIOD 5</b> 11:00 am - 11:35 am	Math	
<b>PERIOD 6</b> 11:40 am - 12:15 pm	Literacy	
<b>RECESS</b> 12:20 pm - 12:45 pm	Recess	
<b>LUNCH</b> 12:50 pm- 01:10 pm	PreSchool Lunch	
BUS LINE-UP 01:15 pm	LINE-UP / DISMISSAL	
CAR PICK-UP 01:20 pm		



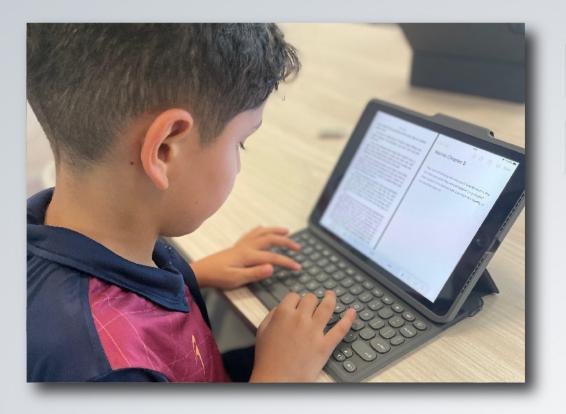
### Model Head + Heart + Hands

At United School of Panama, we recognize that learning is not only about development, but also about transformation. We believe that fostering the transformational qualities of our students is key to helping them make successful transitions in life.

Our educational approach focuses on engaging the cognitive domain through academic study, inquiry, and understanding of ecological and sustainability concepts (Head), enacting the psychomotor domain for practical skill development and physical work such as building, planting, and painting (Hands), and enabling the affective domain in forming relationships and values (Heart).









**CODE.org** is the first Computational Science program that seeks to join the current education system. The Syllabus was written taking into account the standards of the K-12 Computer Science Framework and the Computer Science Teachers Association (CSTA).

The Syllabus is reviewed every two years with the intention of keeping it updated with computer advances.

### What skills does it develop in children?

- -Programming provides a competitive advantage.
- -Programming teaches and helps with math.
- -Develops and encourages creativity.
- -Promotes collaboration.
- -Coding improves problem solving.

### How does CODE.org contribute to STEM?

There is scientific evidence that shows that students who learn to programming at an early age have fewer gender stereotypes in relation to STEM careers - Science, Technology, Engineering and Mathematics.

In the words of Steve Jobs, "Computer science is a liberal art".



## **Extra-Curricular Activities**

We offer a wide range of Extra-Curricular Activities at United School of Panama to help our students maintain a healthy lifestyle, find their passion, and develop their abilities.

Our team sports and group activities are designed to foster camaraderie and lasting friendships from shared experiences, as well as promote diversity and inclusion, which are core principles that we embrace at USP.

Our Extra-Curricular Activities are available Monday through Thursday from 3:30 pm to 4:40 pm, and on Fridays from 1:30 pm to 2:30 pm, allowing students to go home and enjoy family time after a day full of learning and activities.



### **Extra-Curricular Activities**

#### **MONDAY**

3:30 - 4:40



#### SOCCER

SOCCER
AGES: 4-6 (Group 1) 7-12(Group2)



#### **DRAMA**



BALLET GROUP A: PK - K GROUP B: 1st - 6th





### STEAM INTRO TO REPORT PK - 1st STEAM INTRO TO ROBOTICS

#### **TUESDAY**

3:30 - 4:40



#### **TAEKWONDO**

PK - 6th



#### **ART & CRAFTS**

PK - 6th



#### **ROBOTICS** 2nd - 6th

**AGES: 4-6** 



#### **PIANO**

1st - 6th LEVEL 2



### SINGING CLASS

PK - 6th

#### **WEDNESDAY**

3:30 - 4:40



#### **SOCCER**

SOCCER
AGES: 4-6 (Group 1) 7-12(Group2)



#### **DRAMA**

1st - 6th



BALLET GROUP A: PK - K GROUP B: 1st - 6th





#### **STEAM** INTRO TO ROBOTICS **PK - 1st**

**THURSDAY** 3:30 - 4:40





#### **ART & CRAFTS**

PK - 6th



### ROBOTICS 2nd - 6th



#### **TENNIS**

**AGES: 4-6** 



1st - 6th LEVEL 2



SINGIN CLASS PK - 6th **SINGING** PK - 6th



1:30 - 2:30



BIKE CLUB
- LEARN TO RIDE
- NEW SKILLS



#### **SOCCER TEAM**



### CHEERLEADING 1st - 6th





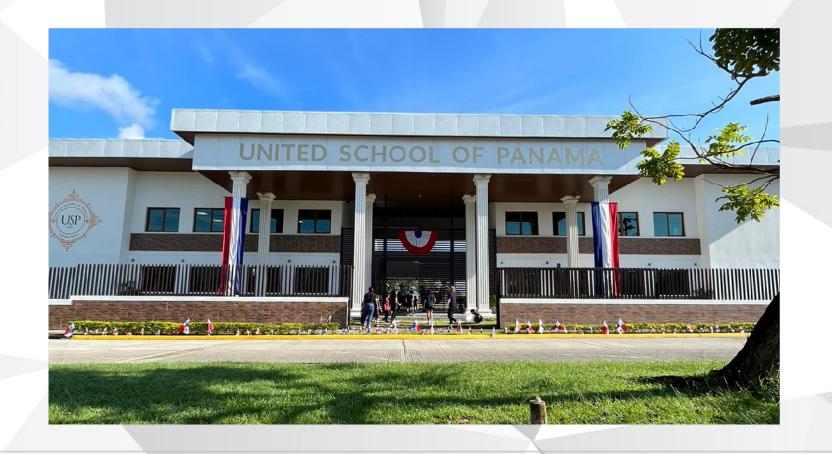






# Our Campus









# Our Campus





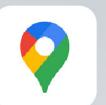






## **Our Location**

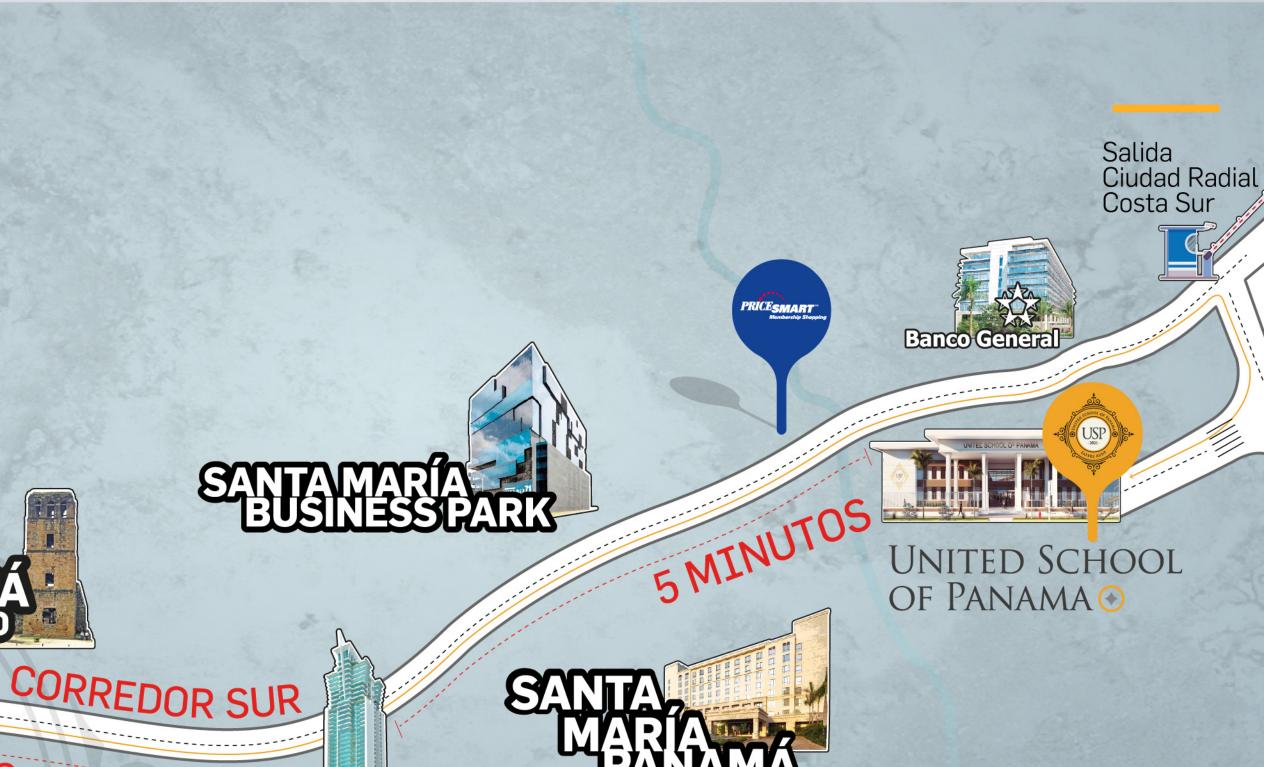
### You can find us as UNITED SCHOOL OF PANAMA











4 MINUTOS

UNITED SCHOOL OF PANAMA •

CENTRO DE CONVENCIONES



RÍO JUAN DÍAZ

### Tuition & Fees FOR ACADEMIC YEAR 2024-2025

HEADING	PAYMENT	AMOUNT
Evaluation Pre-Admission	ONE TIME FEE	\$150.00
Sign-up Fee	ONE TIME FEE	\$9,000.00
Enrollment Fee	ANNUAL / APRIL	\$825.00
Tuition	MONTHLY x 10	\$860.00
Books and School Supplies	ANNUAL / JULY	\$750.00
Technology / Platform	ANNUAL / JULY (PRIMARY SCHOOL)	\$530.00
Food and Nutrition	MONTHLY x 10	TBD
Insurance		INCLUDED
Uniforms	ANNUAL / JULY	\$ 210.00 - \$ 260.00
Extracurricular Activities	OPTIONAL	BY ACTIVITY
School Bus	PAY DIRECT TO TRANSPORT COMPANY	OUTSOURCED

Visit us for more information www.usp.edu.pa



Through our focus on academic rigor, healthy living, and a well-rounded education that nurtures the mind, body, and spirit, **United School of Panama** is committed to educating and forming productive citizens who will make positive contributions to their communities and the world.

¡Book your appointment Today!

388-0800

6968-8488